

# Radiotherapie bei ZNS Metastasen

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CAe Radio-Onkologie LUKS

# HISTORIE

wait till symptoms  
→ CT (MRI)  
→ **WBRT**

wait till symptoms  
→ CT (MRI)  
→ **WBRT (SRT/SRS)**

search for lesions:  
→MRI (CT) CNS FU:  
**WBRT +/or SRT/SRS**

search for lesions:  
→ MRI (CT) CNS FU:  
→ **SRT/SRS or WBRT +/- HA**

small / multiple lesions:...  
? wait ? new CNS effective drug?

1990

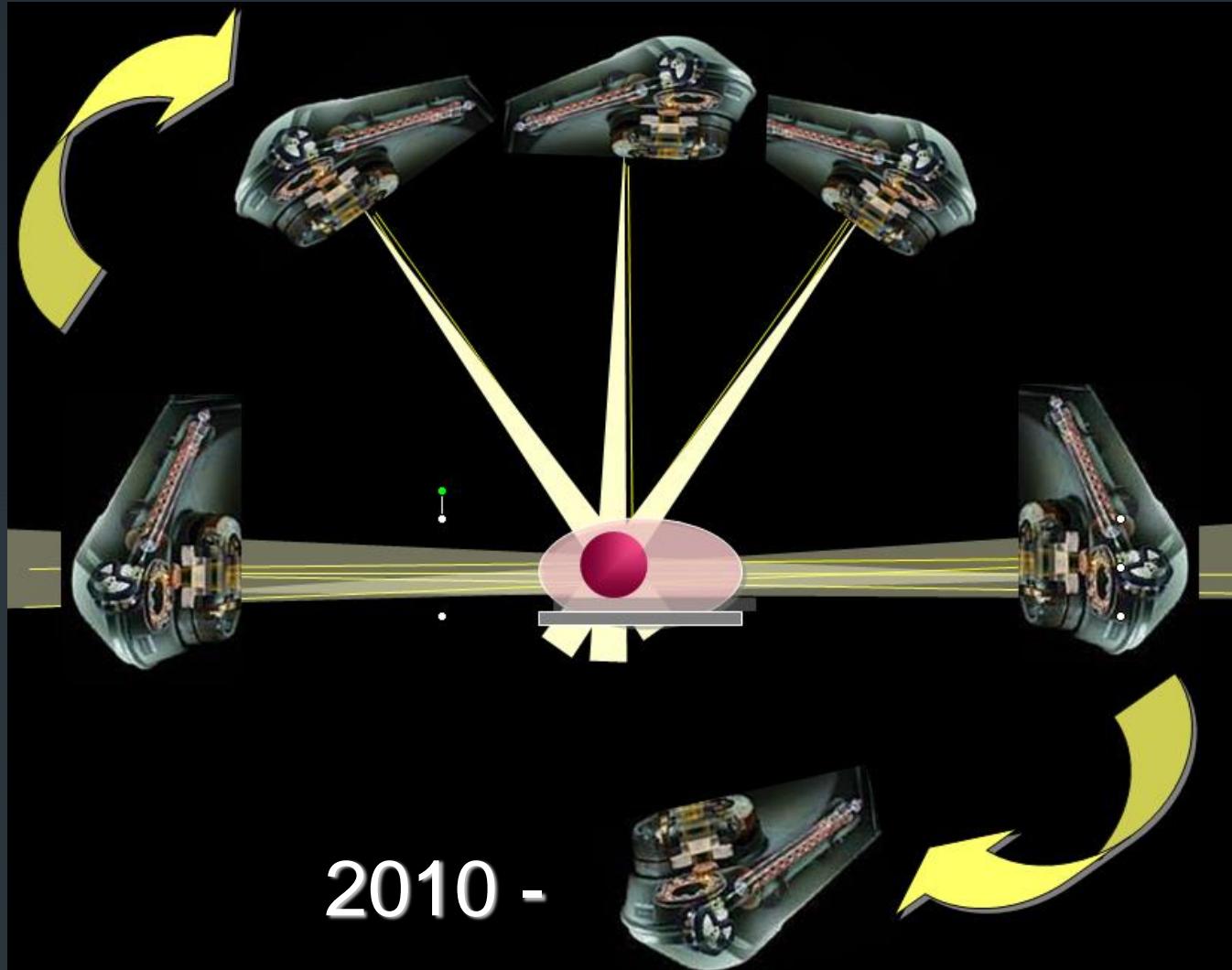
2000

2010

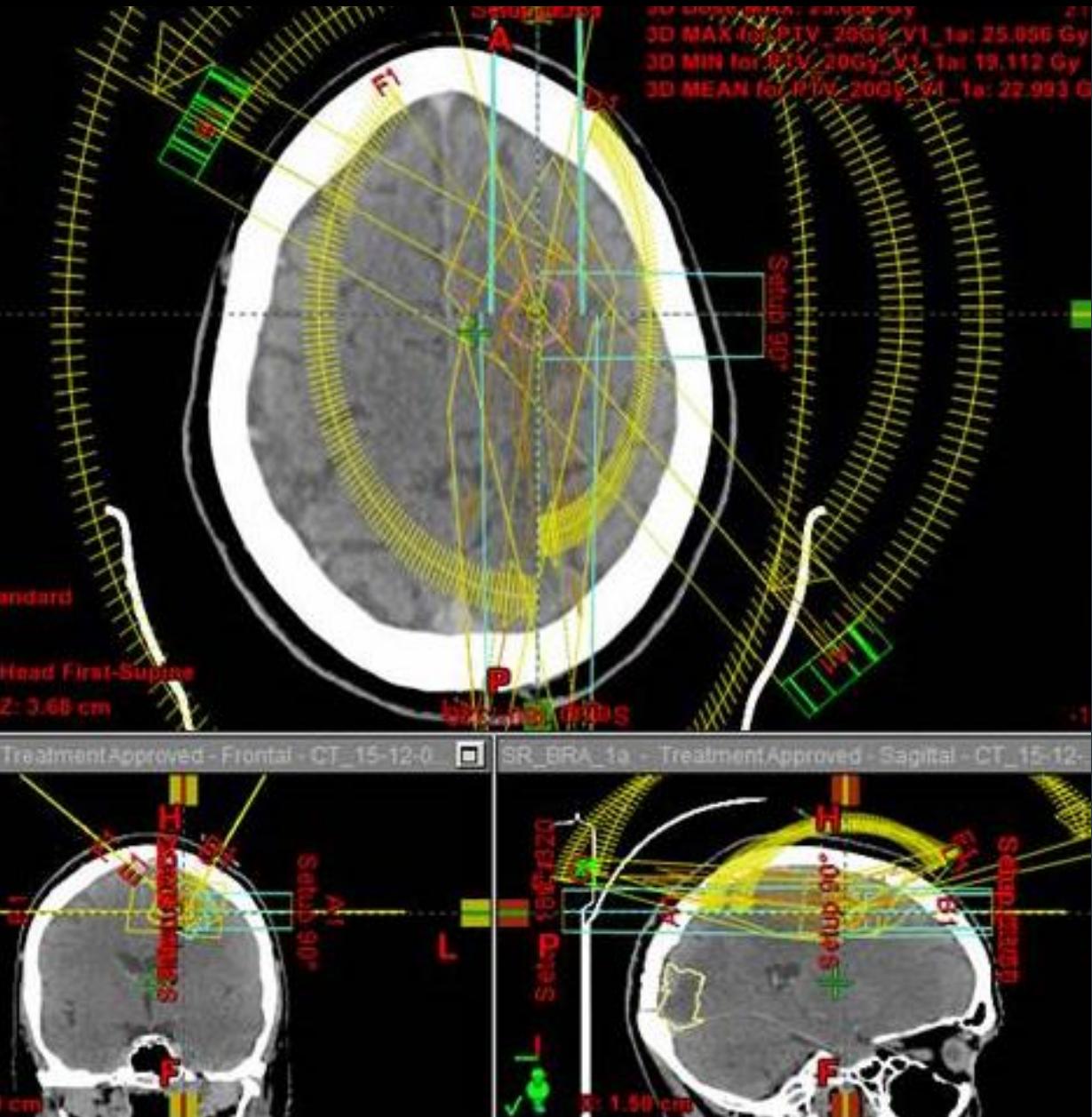
2020

2022

# VMAT

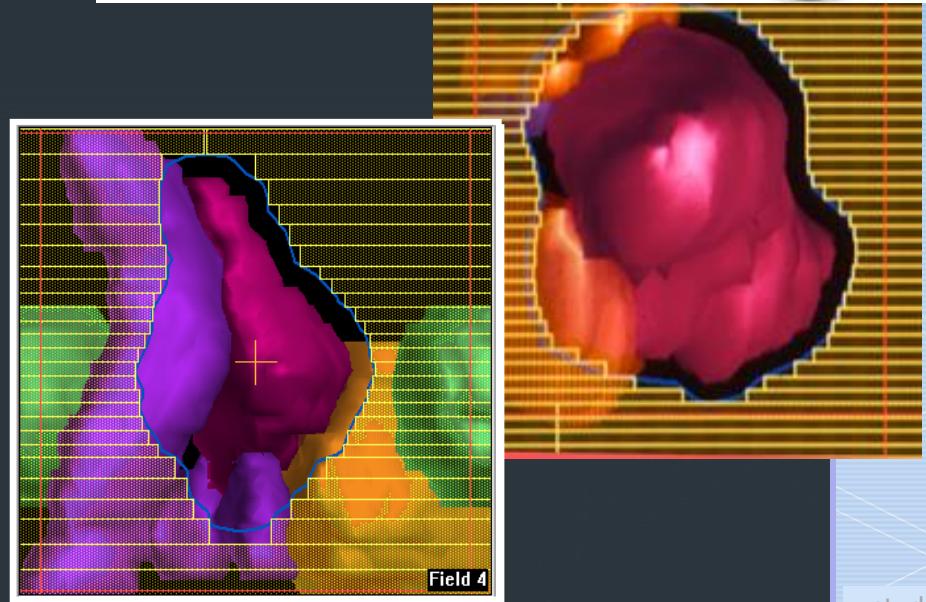
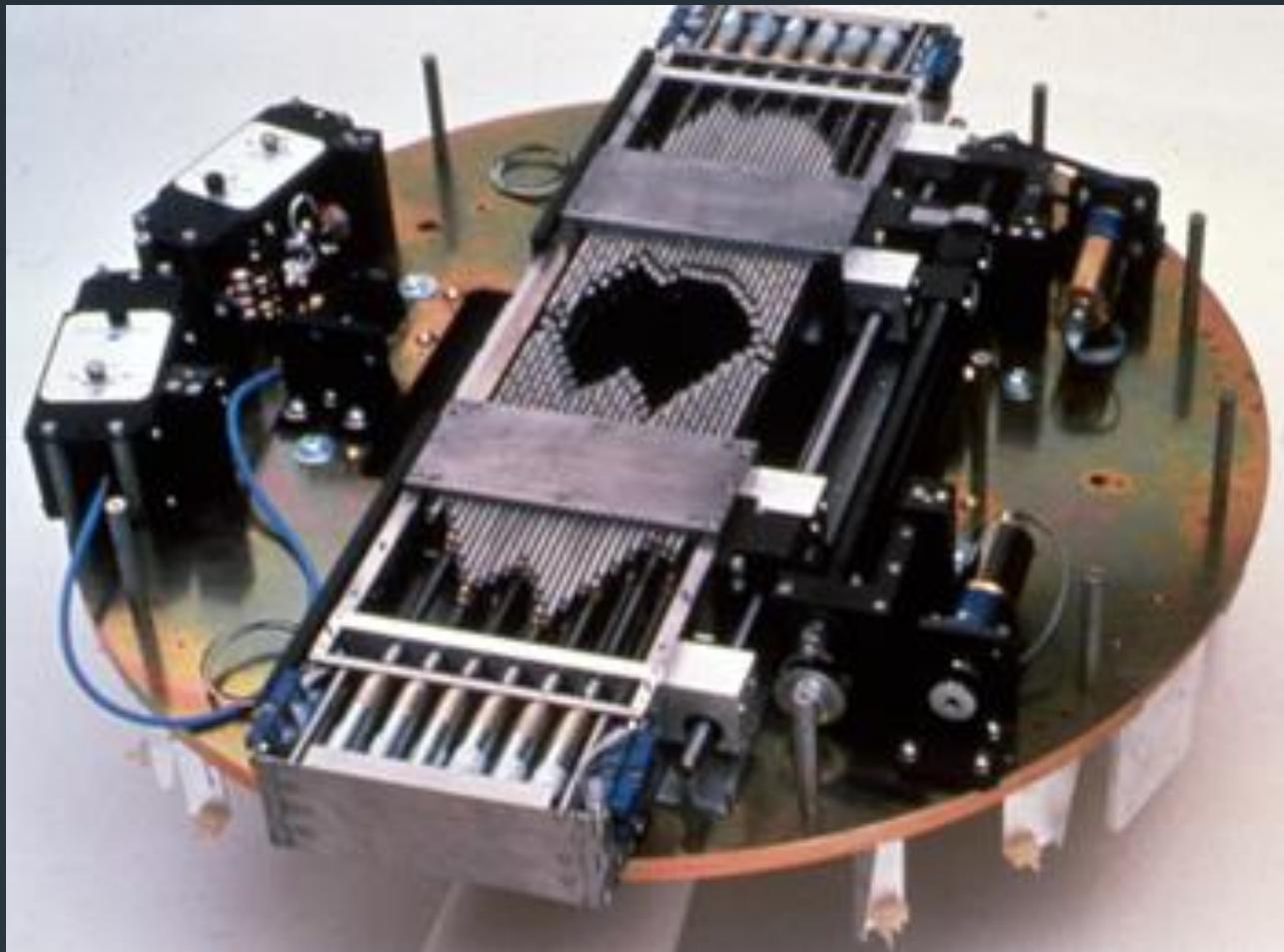


# VMAT



# VMAT

## IMRT: Multi Leaf Collimators



## 1) TUB Empfehlung:

- RT-Indikation ?
- Tx-Sequenz bei Multimodalität ?

## 2) radio-onkologische Entscheidung:

- RT-Volumen ?
- RT-Technik ?
- RT-Regime ?

# Therapeutische Prinzipien

*+/- Surgery*

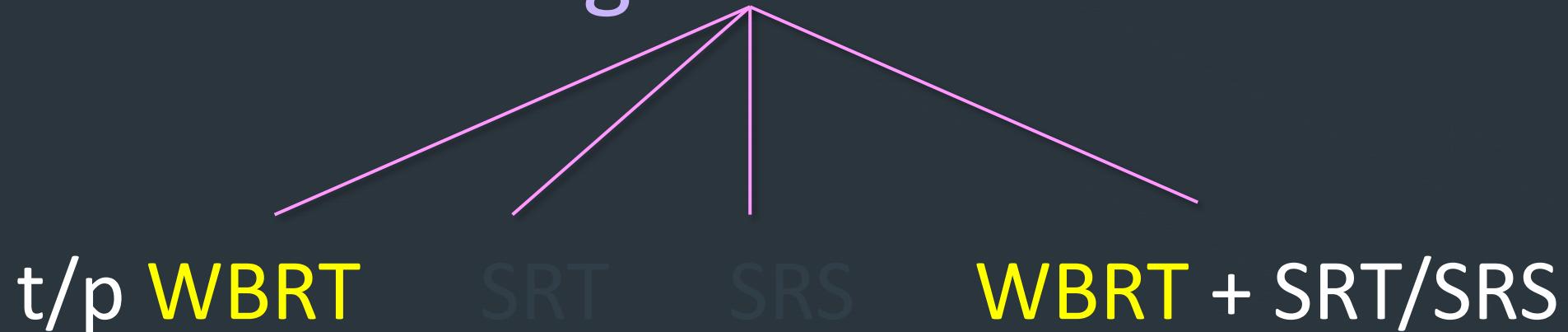
RT Regime Entscheid

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graph TD; A[RT Regime Entscheid] --- B[t/p WBRT]; A --- C[SRT]; A --- D[SRS]; A --- E[WBRT + SRT/SRS]
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Preservation of Memory With Conformal Avoidance of the Hippocampal Neural Stem-Cell Compartment During Whole-Brain Radiotherapy for Brain Metastases (RTOG 0933): A Phase II Multi-Institutional Trial

Vinai Gondi, Stephanie L. Pugh, Wolfgang A. Tome, Chip Caine, Ben Corn, Andrew Kanner, Howard Rowley,

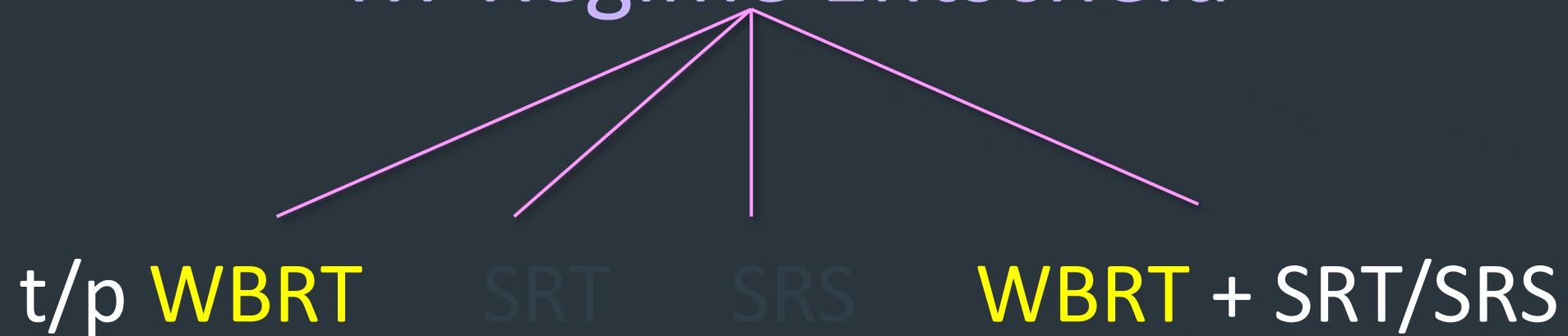
## RT Regime Entscheid



**Conclusion**

Conformal avoidance of the hippocampus during WBRT is associated with preservation of memory and QOL as compared with historical series.

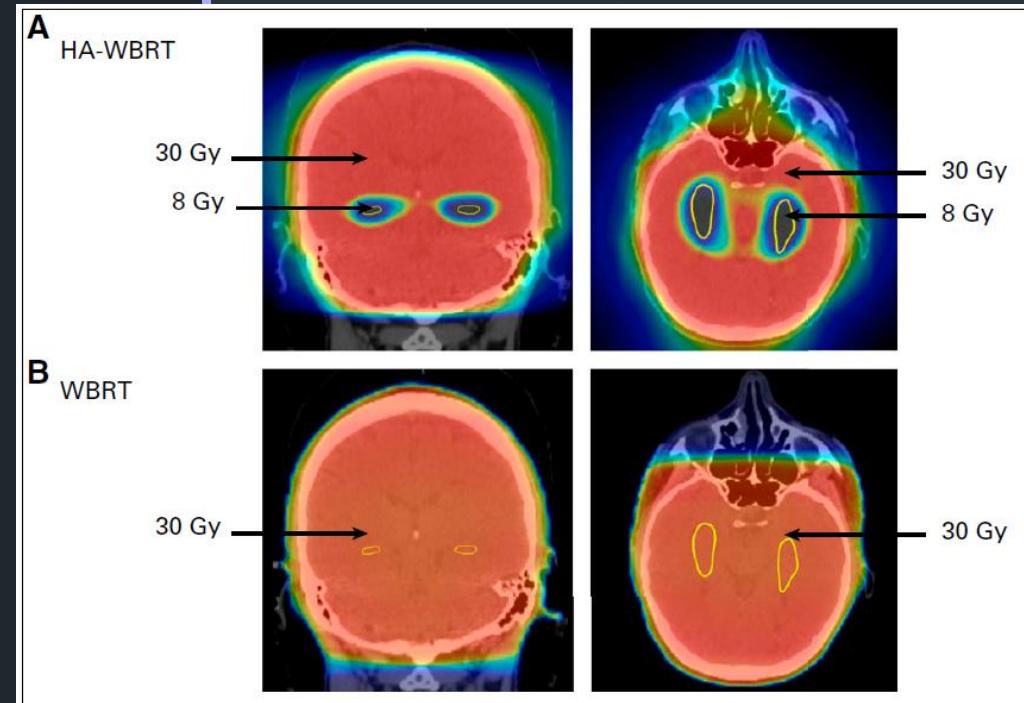
## RT Regime Entscheid



# Hippocampal Avoidance During Whole-Brain Radiotherapy Plus Memantine for Patients With Brain Metastases: Phase III Trial NRG Oncology CCO01

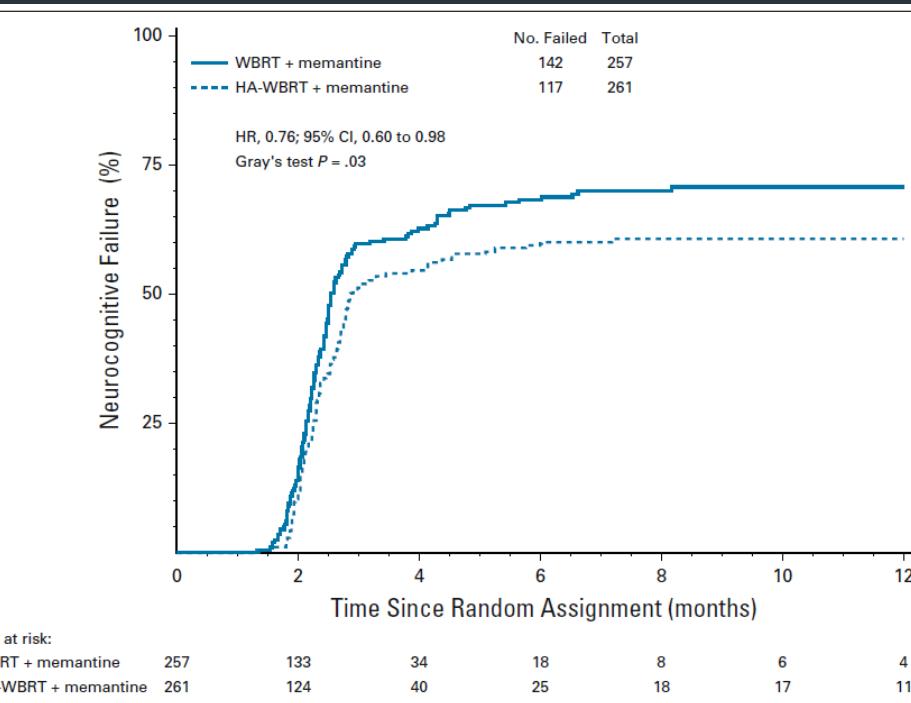
Paul D. Brown, MD<sup>1</sup>; Vinai Gondi, MD<sup>2</sup>; Stephanie Pugh, PhD<sup>3</sup>; Wolfgang A. Tome, PhD<sup>4</sup>; Jeffrey S. Wefel, PhD<sup>5</sup>; Terri S. Armstrong, PhD<sup>6</sup>; Joseph A. Bovi, MD<sup>7</sup>; Cliff Robinson, MD<sup>8</sup>; Andre Konski, MD, MBA<sup>9</sup>; Deepak Khuntia, MD<sup>10</sup>; David Grosshans, MD, PhD<sup>5</sup>; Tammie L. S. Benzinger, MD, PhD<sup>8</sup>; Deborah Bruner, PhD<sup>11</sup>; Mark R. Gilbert, MD<sup>6</sup>; David Roberge, MD<sup>12</sup>; Vijayananda Kundapur, MD<sup>13</sup>; Kiran Devisetty, MD<sup>14</sup>; Sunjay Shah, MD<sup>15</sup>; Kenneth Usuki, MD<sup>16</sup>; Bethany Marie Anderson, MD<sup>17</sup>; Baldassarre Stea, MD, PhD<sup>18</sup>; Harold Yoon, MD<sup>19</sup>; Jing Li, MD<sup>5</sup>; Nadia N. Laack, MD<sup>1</sup>; Tim J. Kruser, MD<sup>20</sup>; Steven J. Chmura, MD, PhD<sup>21</sup>; Wenyin Shi, MD<sup>22</sup>; Snehal Deshmukh, MS<sup>3</sup>; Minesh P. Mehta, MD<sup>23</sup>; and Lisa A. Kachnic, MD<sup>24</sup> for NRG Oncology

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**FIG 1.** Several-fold reduction in radiation dose to hippocampi (yellow) using (A) hippocampal avoidant whole-brain radiotherapy (HA-WBRT) v (B) conventional WBRT.

# therapeutische Prinzipien



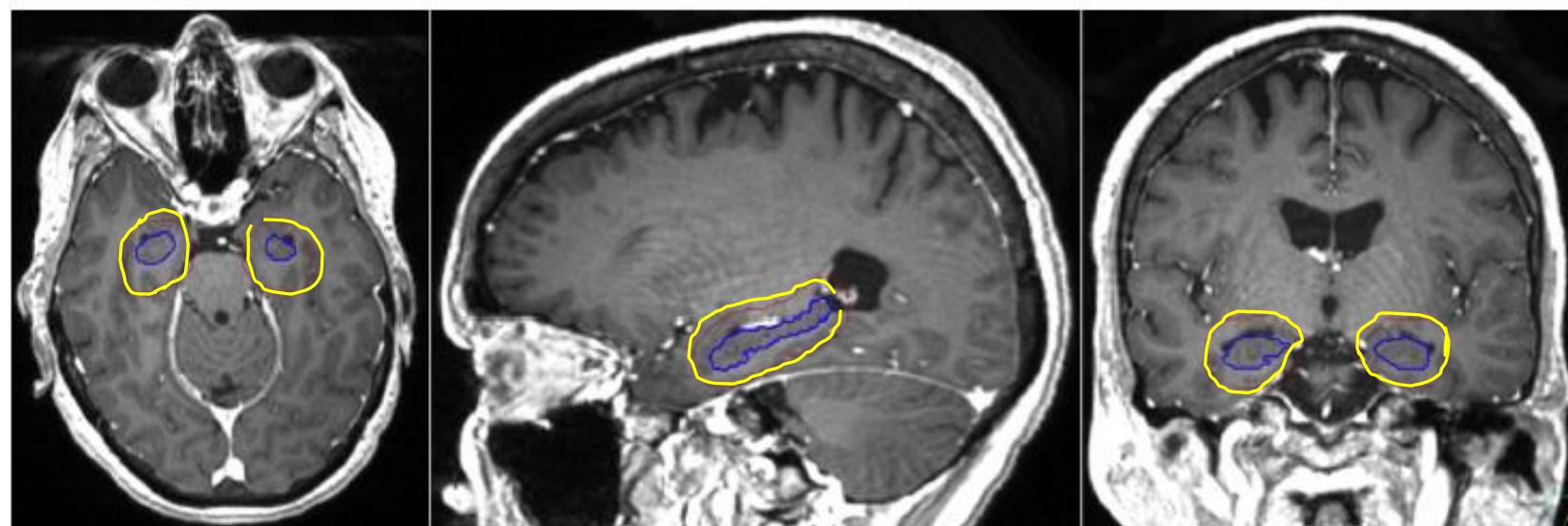
**FIG 3.** Kaplan-Meier graph showing time to cognitive failure. HA, hippocampal avoidance; WBRT, whole-brain radiotherapy.

## RISK for 'protecting' hippocampal area ??

### Risk of Hippocampal Metastases in Small Cell Lung Cancer Patients at Presentation and After Cranial Irradiation: A Safety Profile Study for Hippocampal Sparing During Prophylactic or Therapeutic Cranial Irradiation

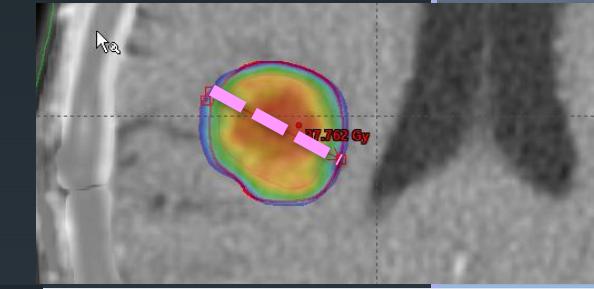
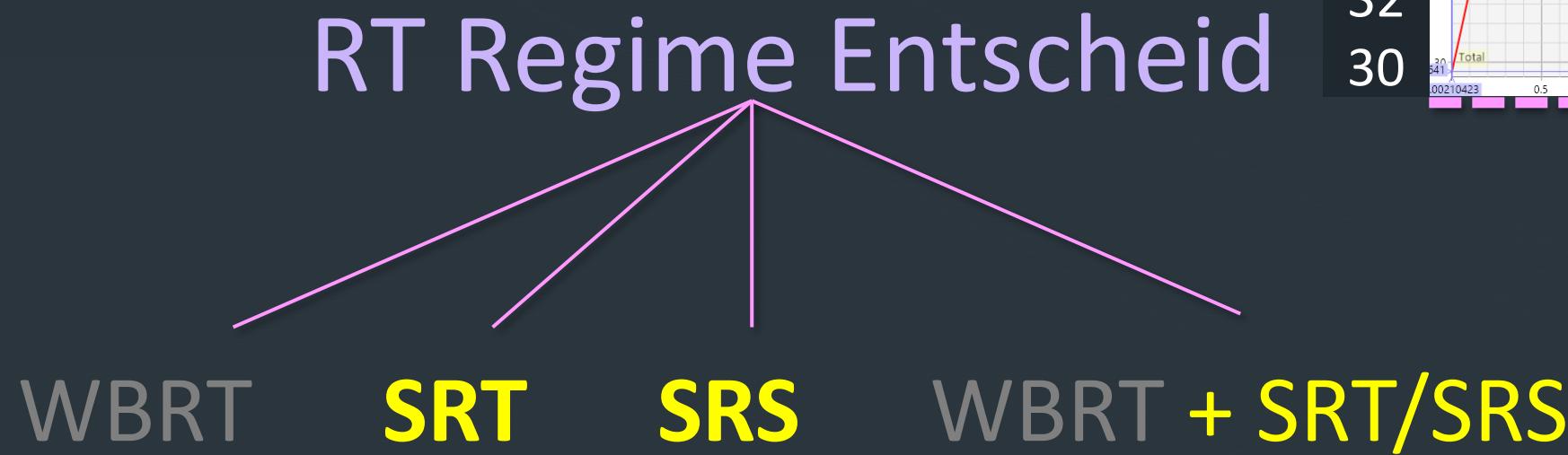
Vijayananda Kundapur, MD, DMRT, FRCR,\* Tasha Ellchuk, FRCPC,‡ Shahid Ahmed, FRCPC,\* and Vinai Gondi, MD§

**Results:** Seventy eligible patients were identified. Of 59 patients presenting with de novo BM, 3 patients (5%, 95% confidence interval [CI]: 0%-10.7%) had HM. Collectively there were 359 (range, 1-33) de novo BM with 3 (0.8%, 95% CI: 0%-1.7%) HM deposits. Twenty patients experienced progression of metastatic disease in the brain after WBRT. Of the 20 patients, only 1 patient (5%, 95% CI: 0%-14.5%) experienced HM. On logistic regression, no factors significantly correlated with HM.



**Fig. 1.** Contrast enhanced T1 magnetic resonance images showing the hippocampus (HC) contoured in blue and the hippocampal avoidance (HA) region contoured in red. The region of the brain outside the HA region is the rest of the brain. A color version of this figure is available at [www.redjournal.org](http://www.redjournal.org)

# Therapeutische Prinzipien

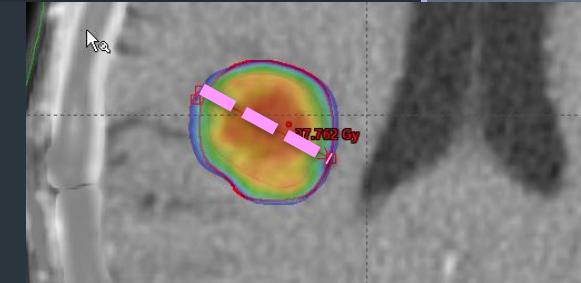


# Therapeutische Prinzipien

SRS/SRT: kleinere Herde, 1-~6 Läsionen

SRS: 1 Fraktion

SRT: 5-6 Fraktionen



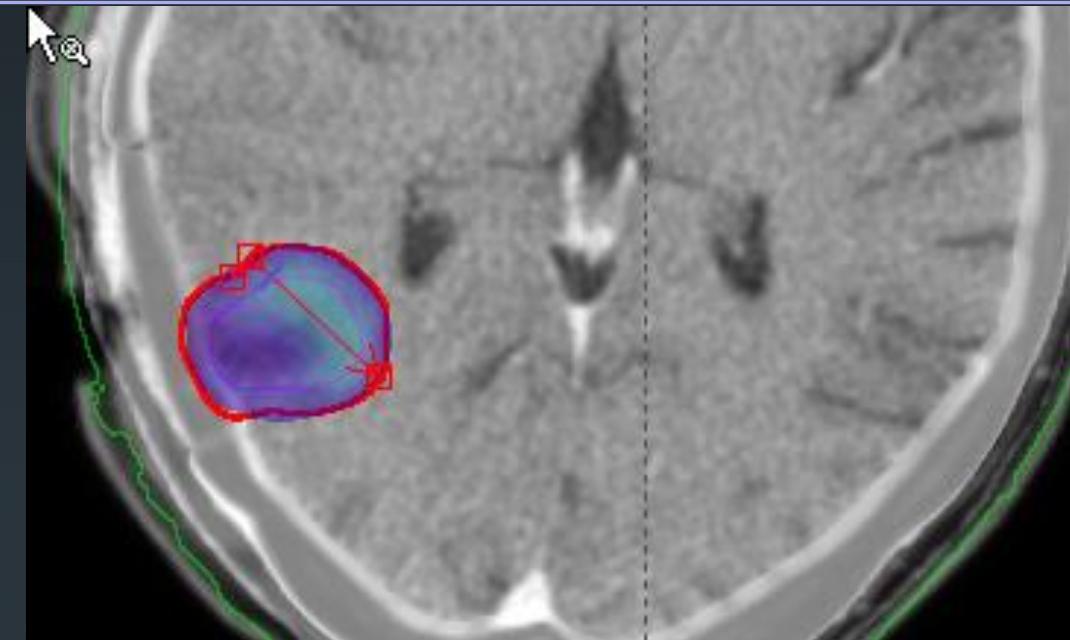
WBRT: viele Herde, kurzer Zeithorizont, schlechter PS

→ +/- Hippocampus-Schonung

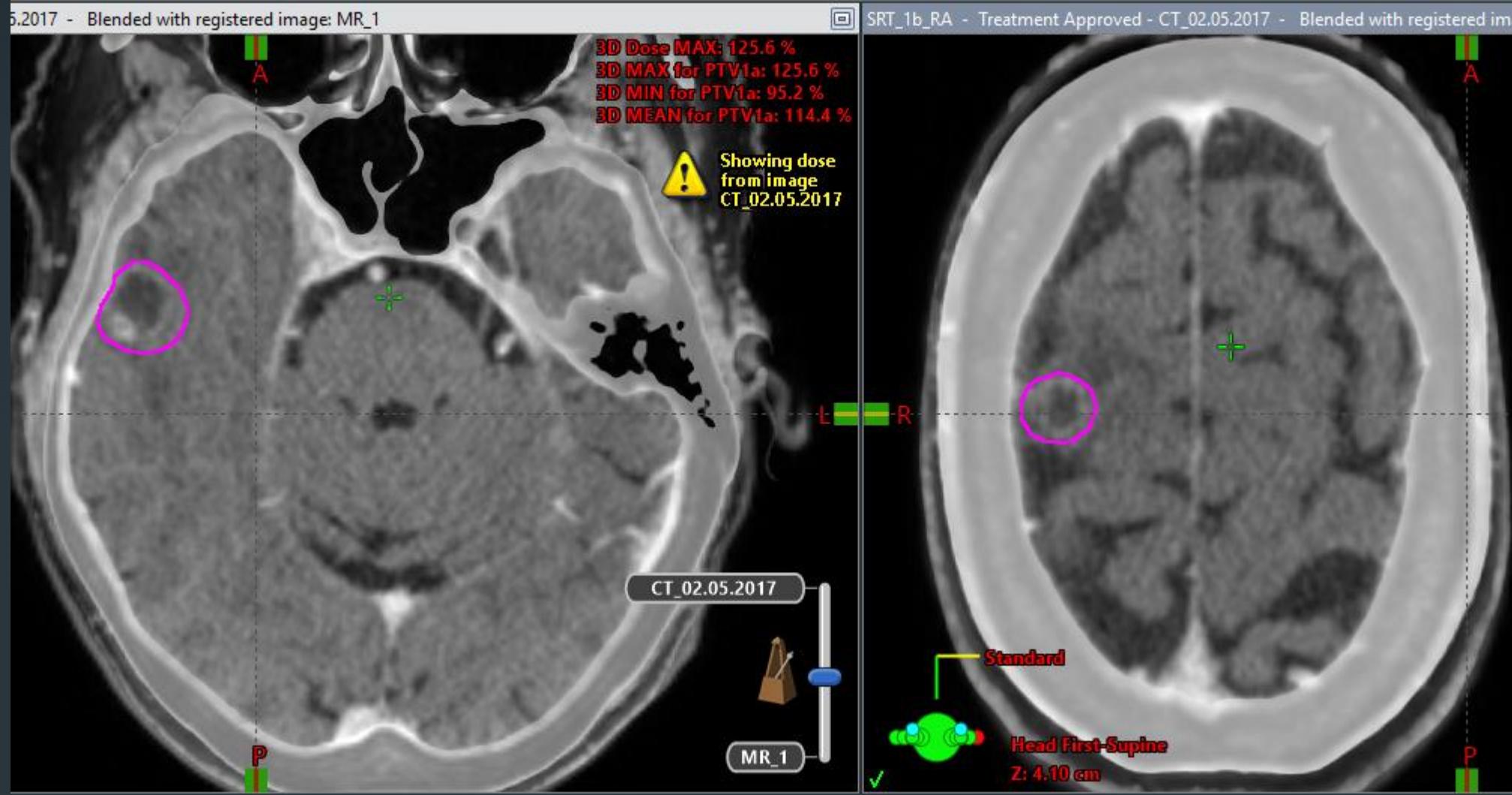
→ +/- SRT boost

# Therapeutische Prinzipien

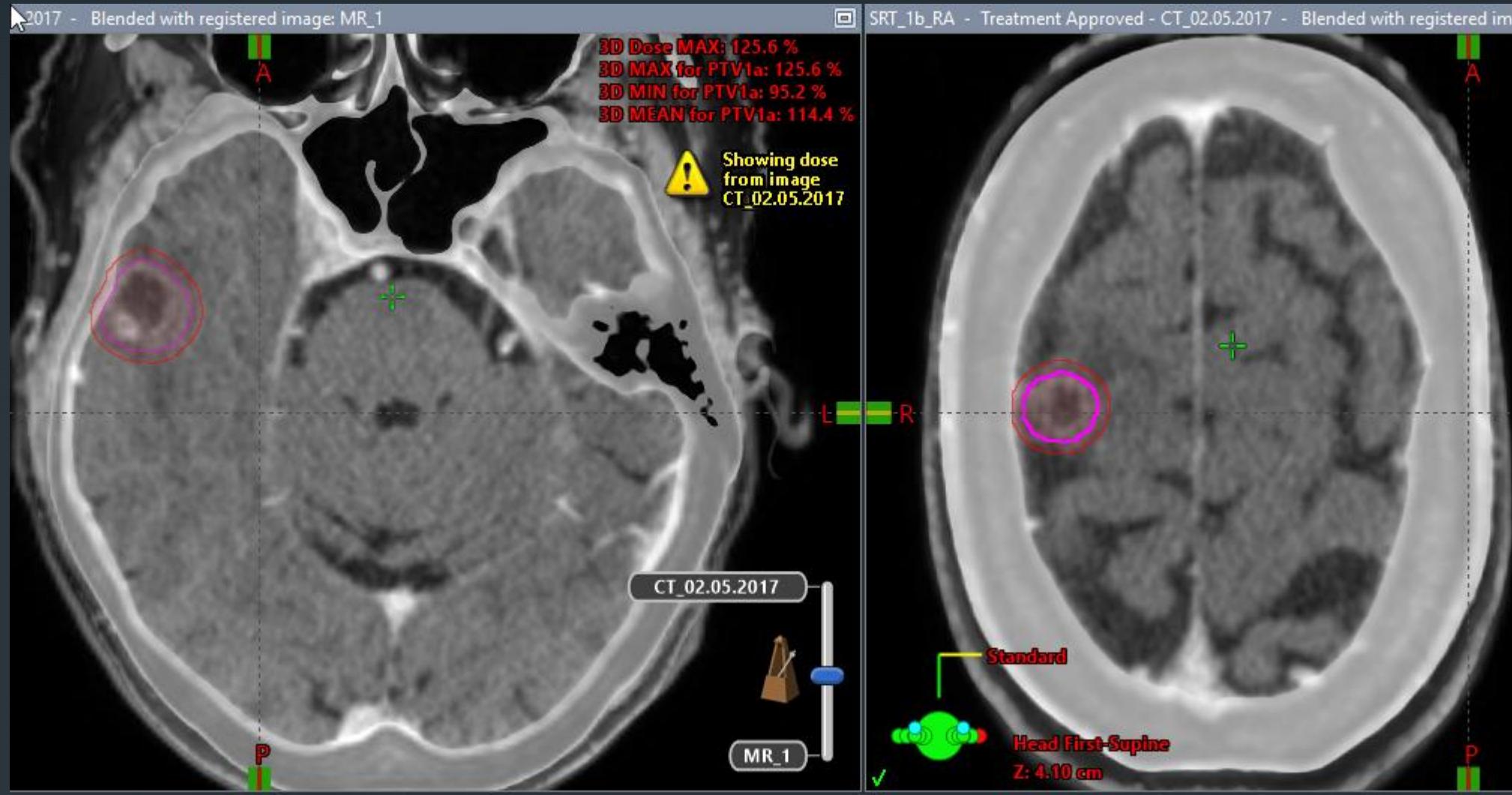
postop. SRT  
(kleinere Herde)



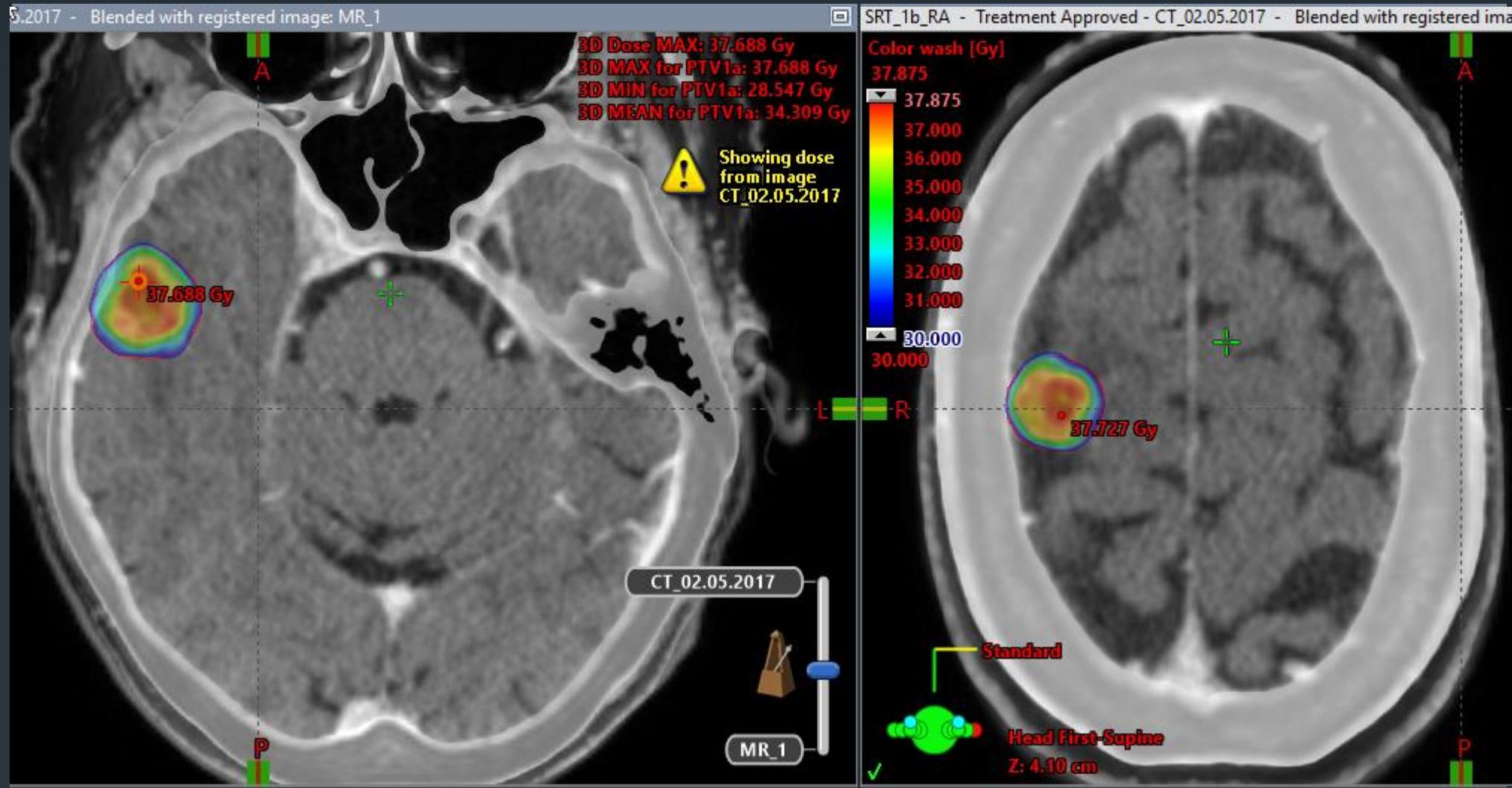
## GTV

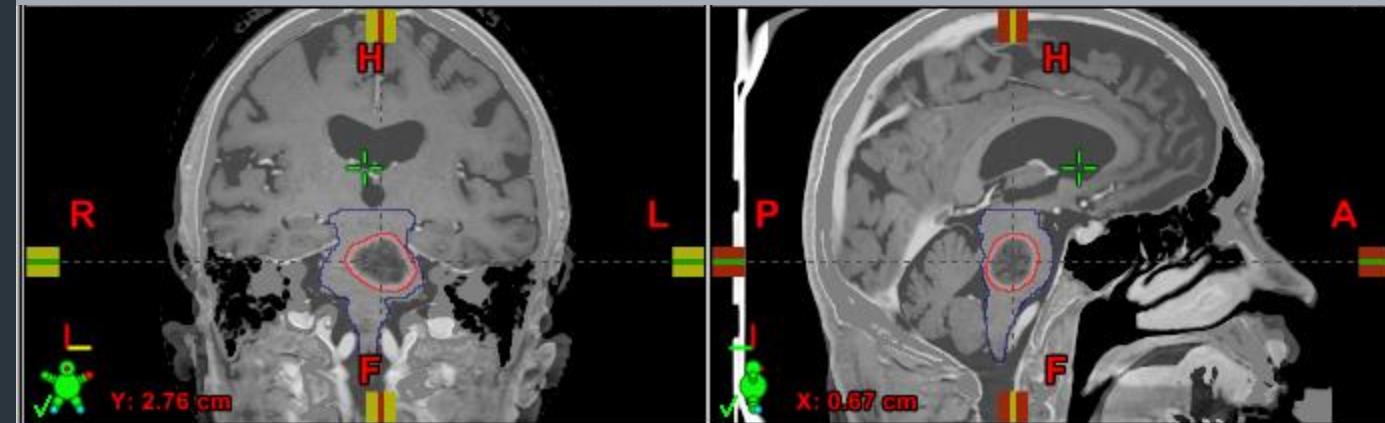
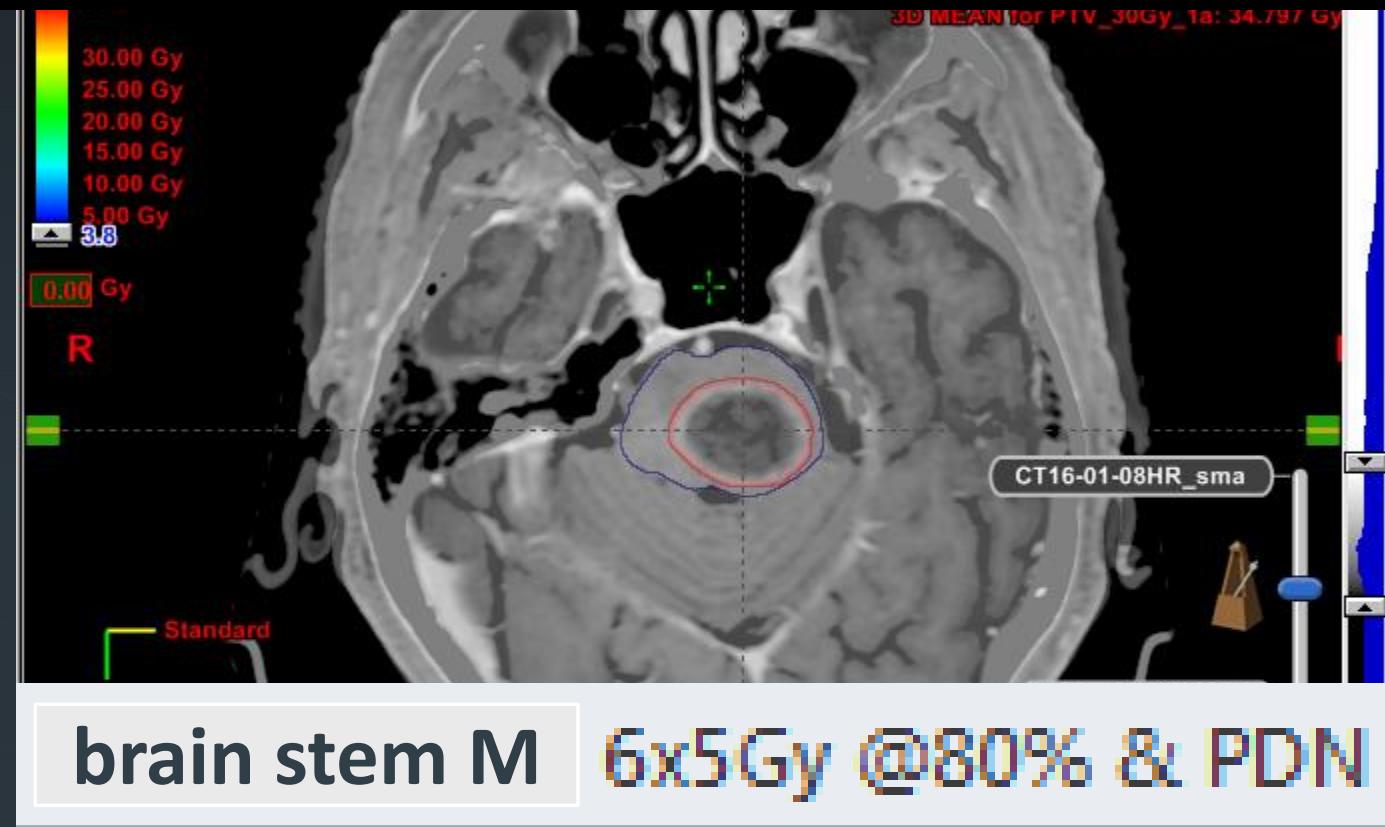


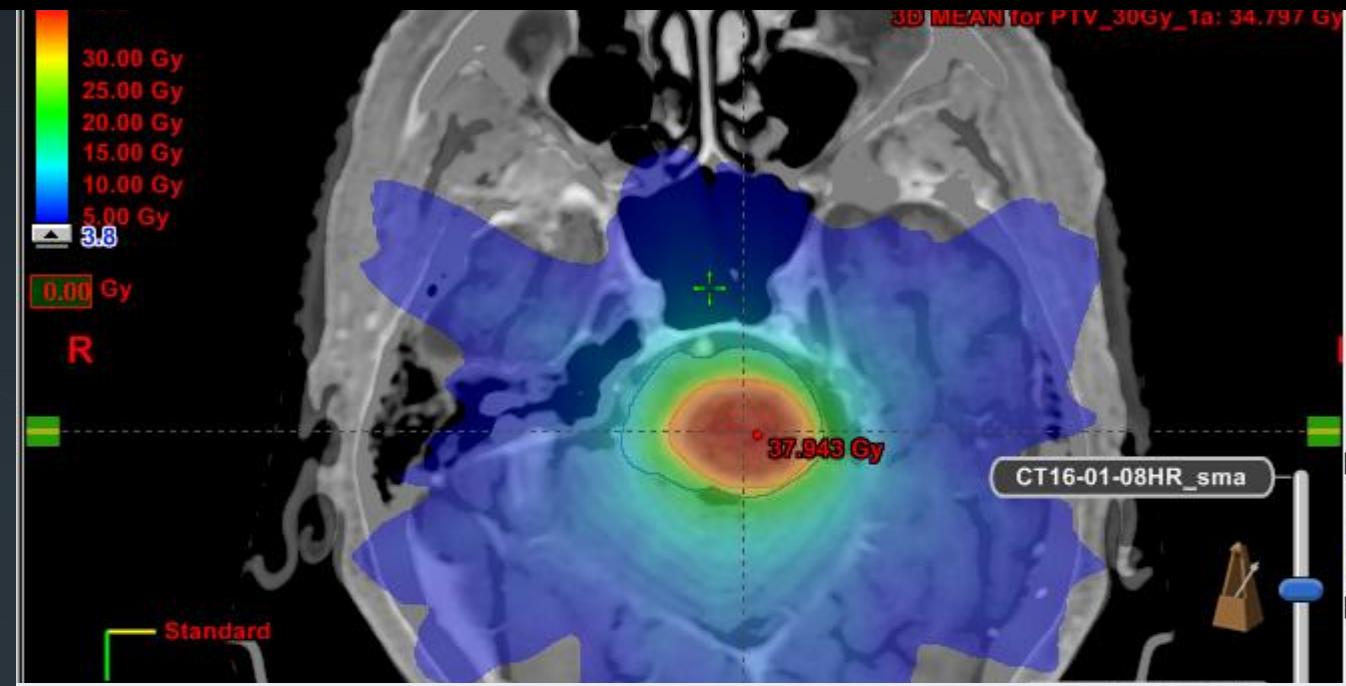
# 0-2 mm margin PTV



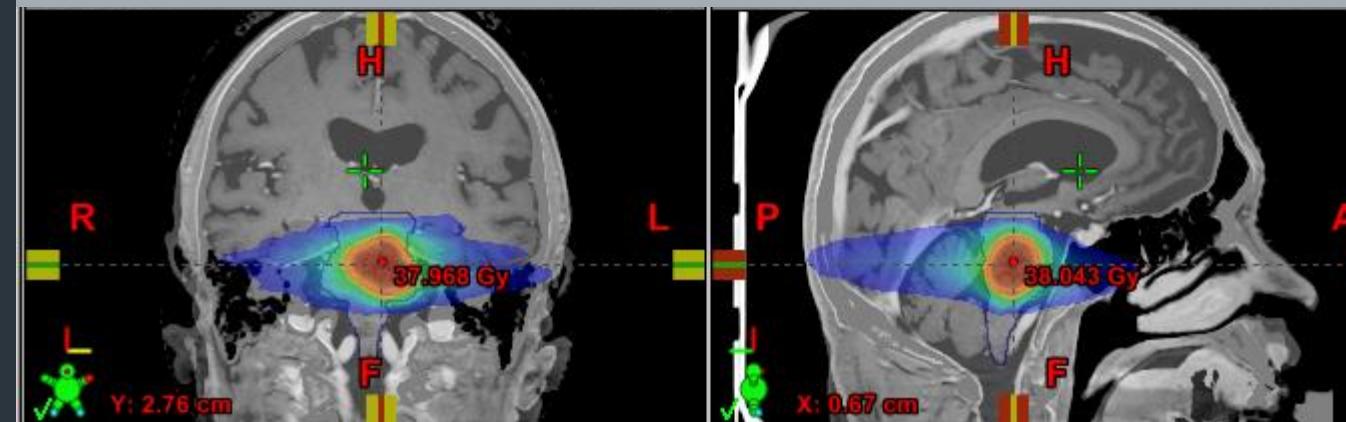
6x 5Gy @ 80%





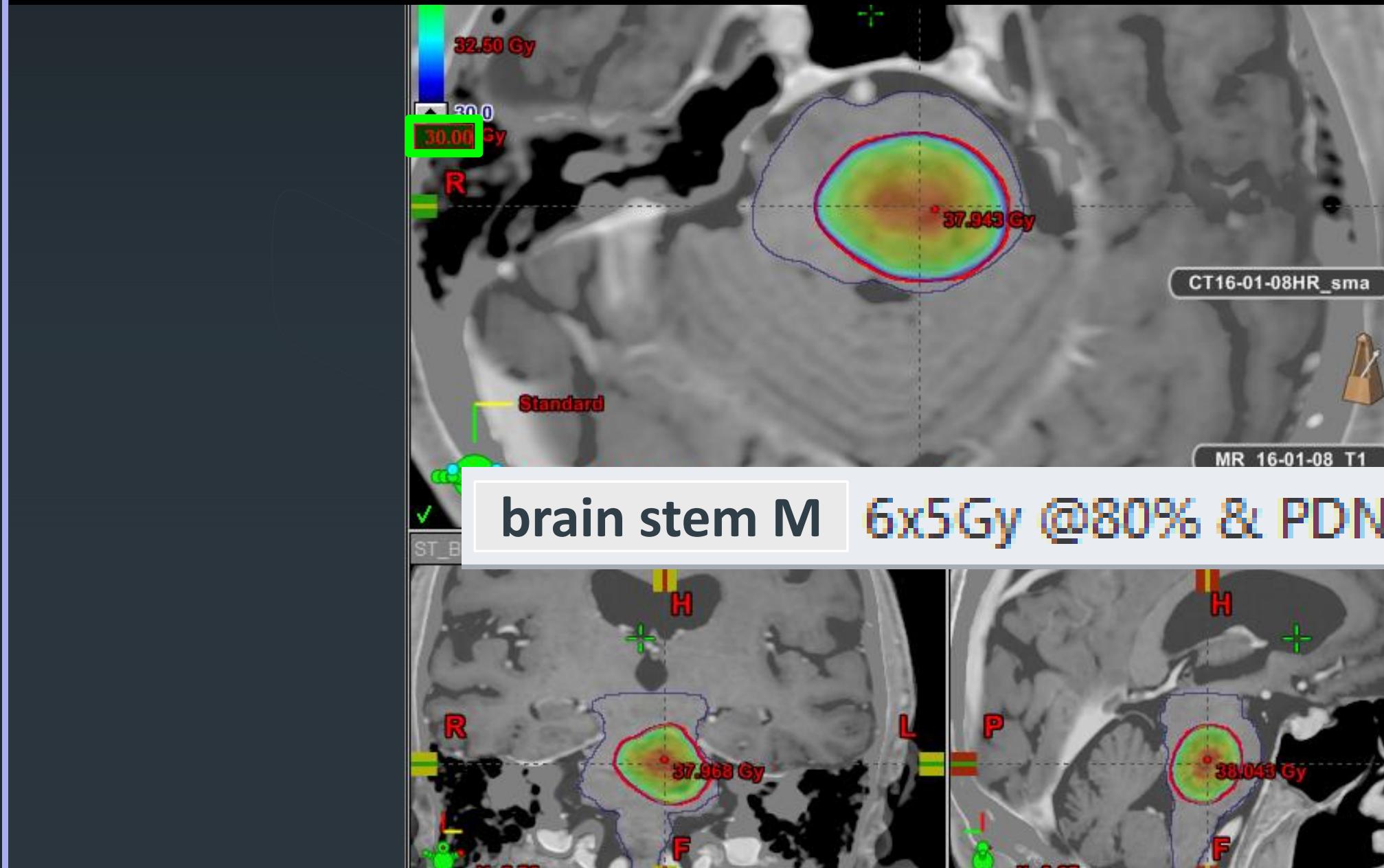


brain stem M 6x5Gy @80% & PDN



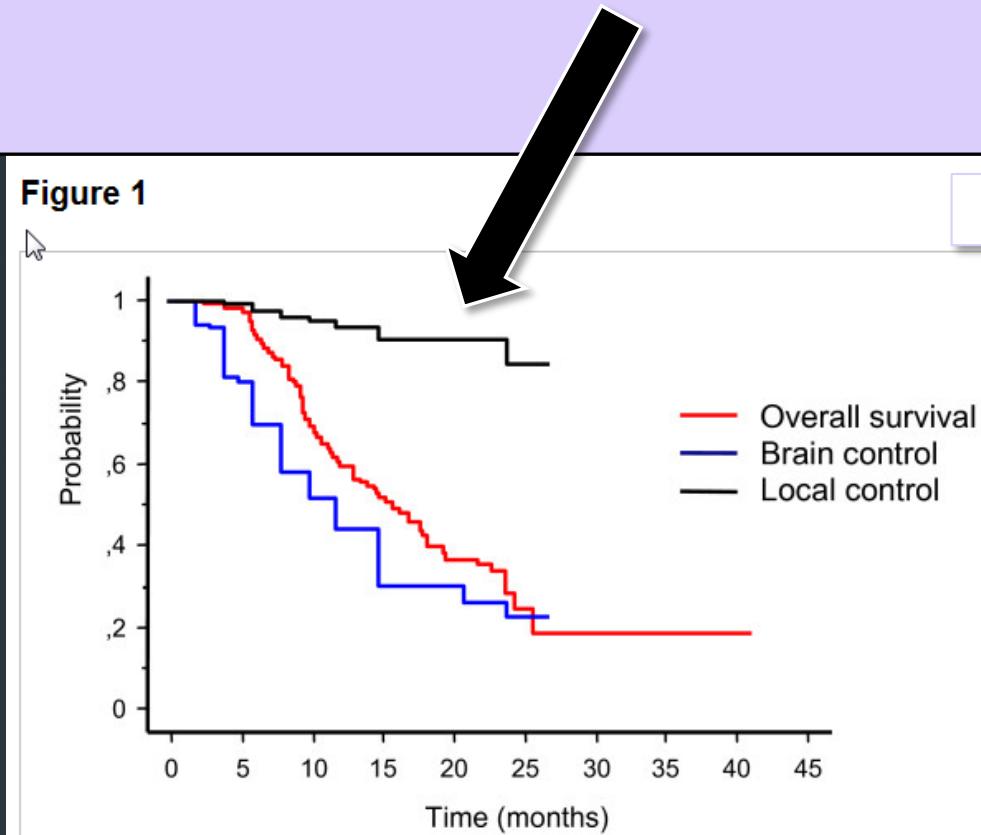
SRS/SRT

hoch präzise / hoch konformal



## Lokalkontrolle nach SRS/SRT

Figure 1



Radiat Oncol. 2011; 6: 48.

## TOLERANZ SRS/SRT

### Früheffekte:

- eventuell fokale Alopezie
- ((passager Kopfschmerzen))
  - (etwas Müdigkeit)

risk of brain  
radionecrosis after SRS  
for brain M in relation  
to brain volumes  
receiving 12 Gy (V12 Gy)  
stratified for quartiles  
(Q1-Q4).

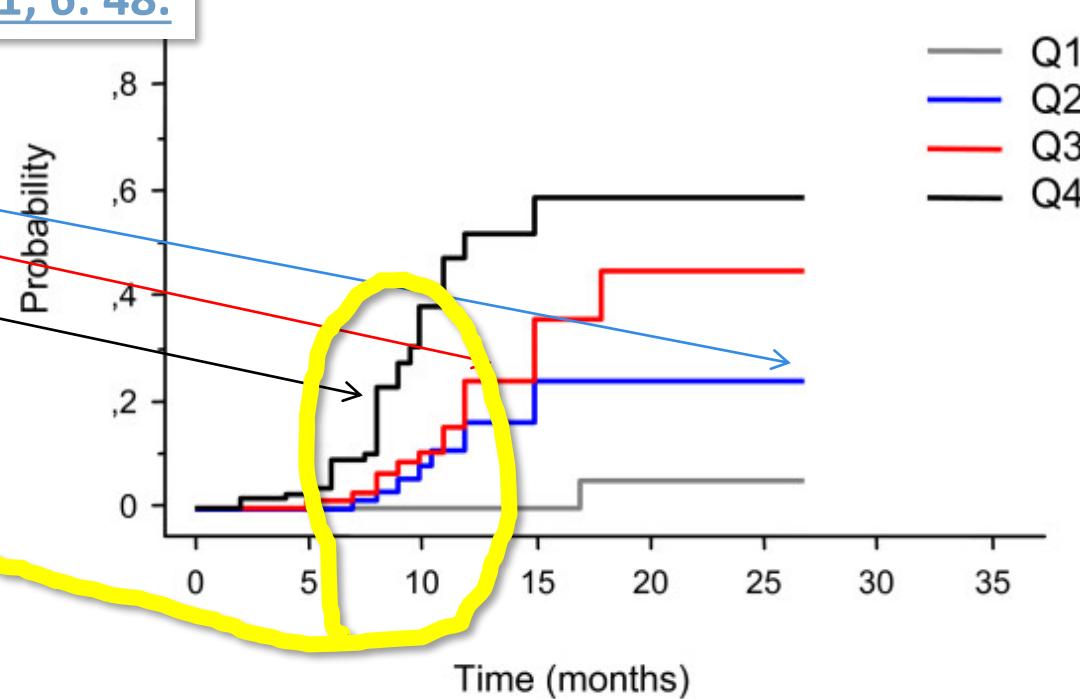
Q1 < 3.3 cm<sup>3</sup>,  
Q2 3.3-5.9 cm<sup>3</sup>,  
Q3 6.0-10.9 cm<sup>3</sup>,  
Q4 >10.9 cm<sup>3</sup>

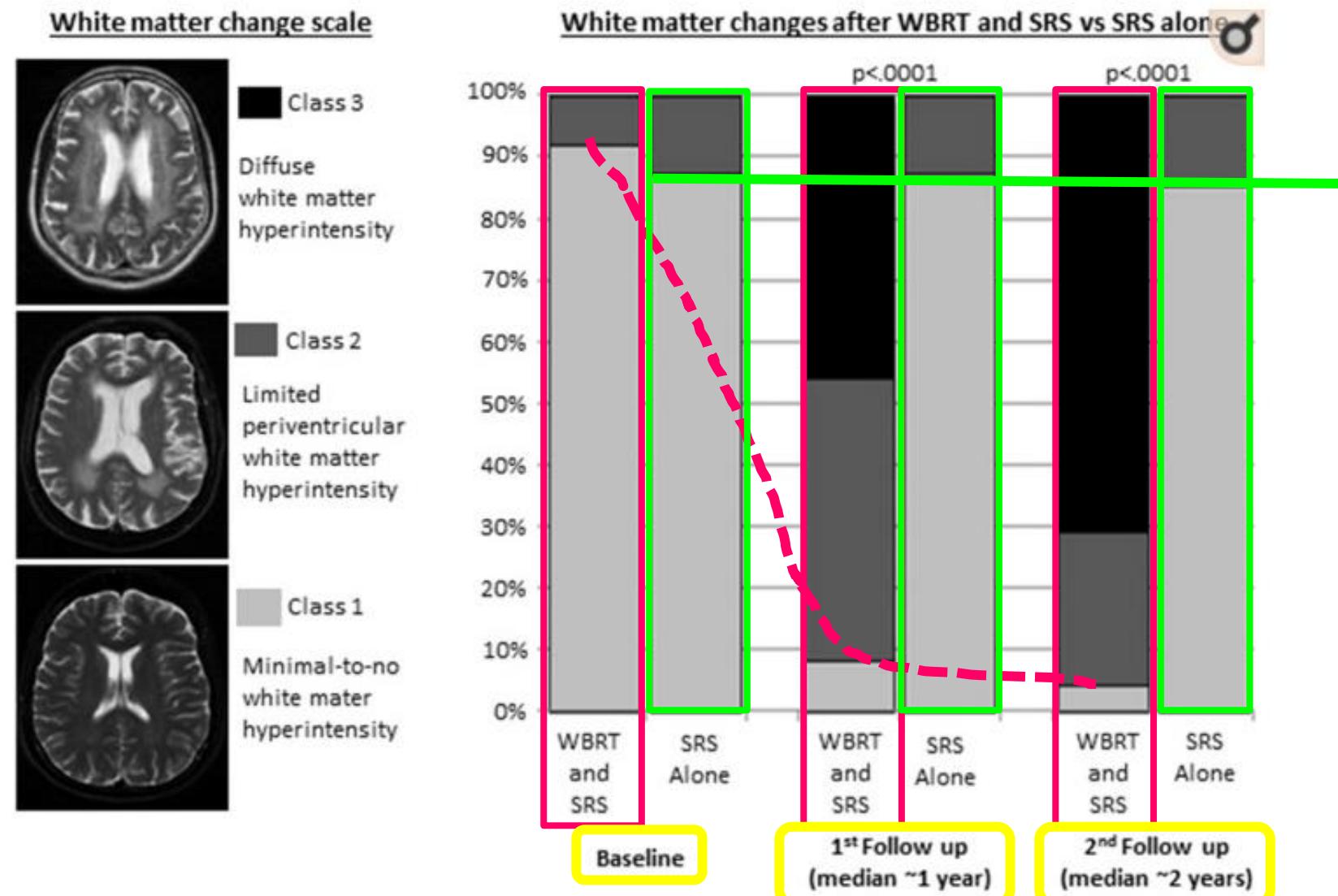
actuarial risk at 1 year:  
0% for Q1,  
16% for Q2,  
24% for Q3,  
51% for Q4

## TOLERANZ SRS/SRT

### Späteffekte:

Radiat Oncol. 2011; 6: 48.



**Figure 1**

White matter changes in patients with non-small cell lung cancer brain metastases treated with whole brain radiation therapy (WBRT) and stereotactic radiosurgery (SRS) ( $n = 37$ ) or SRS alone ( $n = 31$ ). Adapted from Monaco et al. (39) with permission from the publisher.

REVIEW

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520



TABLE 1 | Selected studies supporting CNS efficacy for systemic agents in melanoma, lung, and breast cancer.

| References           | Eligibility                                                                                                                                                                                                                                                                                                                                                                                                | No. of pts                                         | Drug                    | Methods                                                           | Outcomes                                                                                                                                                            |
|----------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------|-------------------------|-------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Margolin et al. (9)  | Metastatic melanoma with BM (divided into cohorts for symptomatic or asymptomatic)                                                                                                                                                                                                                                                                                                                         | 72                                                 | Ipl                     | Phase II                                                          | CNS disease control: 24% in asymptomatic cohort; 10% in symptomatic cohort                                                                                          |
| Goldberg et al. (13) | Untreated asymptomatic BM from melanoma or NSCLC                                                                                                                                                                                                                                                                                                                                                           | 36                                                 | Pembro                  | Phase II                                                          | CNS response: melanoma: 22%; NSCLC: 33%                                                                                                                             |
| Long et al. (19)     | Untreated asymptomatic melanoma BM with no previous local brain therapy                                                                                                                                                                                                                                                                                                                                    | 79                                                 | Nivo OR Ipl/Nivo        | Randomized Phase II                                               | CNS response: Ipl/Nivo: 20%; Nivo (after failed local therapy, symptomatic, or with LMD): 6%                                                                        |
| Davies et al. (14)   | Metastatic melanoma with BM cohorts:<br>(A) BRAF <sup>V600E</sup> /asymptomatic/no prior local brain therapy/ECOG 0/1<br>(B) BRAF <sup>V600E</sup> /asymptomatic/prior local brain therapy/ECOG 0/1<br>(C) BRAF <sup>V600D/K/R</sup> /asymptomatic/with or without prior local brain therapy/ECOG 0/1<br>(D) BRAF <sup>V600D/E/K/R</sup> /symptomatic/with or without prior local brain therapy/ECOG 0/1/2 | 125                                                | D/T                     | Phase II                                                          | CNS response:<br>(A) 58%<br>(B) 58%<br>(C) 44%<br>(D) 59%<br>Duration of response (median):<br>(A) 6.5 months<br>(B) 7.3 months<br>(C) 8.3 months<br>(D) 4.5 months |
| Gadgeel et al. (12)  | ALK-positive NSCLC after prior crizotinib (pts with measurable CNS disease were pooled from two single-arm phase II studies)                                                                                                                                                                                                                                                                               | 50 pts with measurable CNS lesions                 | Alectinib               | Pooled analysis of 2 Phase II studies                             | CNS response: 64.0%<br>Duration of response (median): 10.8 mo                                                                                                       |
| Peters et al. (17)   | Previously untreated advanced ALK-positive NSCLC                                                                                                                                                                                                                                                                                                                                                           | Total: 303 BM: 43 pts with measurable CNS lesions  | Crizotinib OR alectinib | Phase III                                                         | CNS response: crizotinib: 50%; alectinib: 81%<br>Duration of response (median): crizotinib: 5.6 months; alectinib: 17.3 months                                      |
| Goss et al. (15)     | T790M-positive advanced NSCLC after progression on other EGFR-TKI with >1 measurable CNS lesion (pooled analysis of two phase II trials)                                                                                                                                                                                                                                                                   | 50                                                 | Osi                     | Pooled analysis of 2 Phase II studies                             | CNS response: 54.0%<br>Duration of response (median): NR<br>Est duration of response: 75% at 9 mo                                                                   |
| Wu et al. (20)       | T790M-positive advanced NSCLC after progression on other EGFR-TKI. Planned subgroup analysis of AURA3 for patients with baseline CNS lesions.                                                                                                                                                                                                                                                              | 46 pts with measurable CNS lesions                 | Osi                     | Planned subgroup analysis of phase III                            | CNS response: osimertinib: 70%; Platinum-pemetrexed: 31%                                                                                                            |
| Camidge et al. (18)  | ALK-positive NSCLC (Exploratory analysis of pts with baseline brain metastases from two prospective studies):<br>(1) phase III (NCT01449461)<br>(2) phase II ATLA (NCT02094573) arm A<br>(3) phase II ATLA (NCT02094573) arm B                                                                                                                                                                             | Measurable (> 10 mm)<br>(1) 15<br>(2) 26<br>(3) 18 | brigatinib              | Exploratory analysis of a phase III and subsequent phase II study | CNS response (among pts with measurable (> 10 mm) brain metastases):<br>(1) 53%<br>(2) 48%<br>(3) 67%                                                               |
| Lin et al. (8)       | HER2+ breast cancer after prior trastuzumab and progressive BM after prior WBRT or SRS                                                                                                                                                                                                                                                                                                                     | 242                                                | L                       | Phase II                                                          | CNS response: 6% (20% in patients on capcitabine-lapatinib expansion)                                                                                               |
| Bachelot et al. (10) | HER2+ breast cancer with BM not previously treated with WBRT, capcitabine, or lapatinib                                                                                                                                                                                                                                                                                                                    | 45                                                 | X/L                     | Phase II                                                          | CNS response: 65.9%                                                                                                                                                 |
| Krop et al. (11)     | Her2+ breast cancer after prior trastuzumab and a taxane (exploratory analysis of EMILIA limited to patients with pre-existing BM)                                                                                                                                                                                                                                                                         | 95                                                 | TDM-1 OR X/L            | Exploratory analysis of Phase III study                           | CNS progression: TDM-1: 22.2%; X/L: 16.0%<br>Median overall survival: TDM-1: 26.8 mo; X/L: 12.9 mo                                                                  |

BM, brain metastases; L, lapatinib; X, capcitabine; X/L, capcitabine and lapatinib; TDM-1, trastuzumab emtansine; Ipi, ipilimumab; Pembro, pembrolizumab; Nivo, nivolumab; LMD, leptomeningeal disease; D, abrafenib; T, trametinib; Osi, osimertinib; pem, pemetrexed; platinum, cisplatin or carboplatin; NR, not reached.

# Strategies to Preserve Cognition in Patients With Brain Metastases: A Review

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increasing number of CNS effective drugs;  
no standards yet

# TAKE HOME

## ZNS-M RT-Indikation

1.

interdisziplinär:  
Indikation?/Sequenz?

2.

gelegentlich zuwarten mit RT,  
so neue Substanzen verfügbar

# TAKE HOME

## ZNS-M RT

1. heute meist SRS/SRT statt WBRT
2. SRS/SRT sehr gute Therapietoleranz / wenig G3 Spät-Effekte (Nekrose)
3. sehr hohe Lokalkontrollraten (>85 - ~95%)
4. falls WBRT: HA so möglich

**vielen Dank für  
Ihr Interesse**