



11. – 12. March 2026

## **2<sup>nd</sup> Lucerne Shoulder Course**

Instructional Course

Hands-On Cadaver Workshop

# Dear Colleagues & Shoulder Specialists

After the success of our 1<sup>st</sup> Lucerne Shoulder Course in November 2024, we're delighted to announce the 2<sup>nd</sup> edition of our hands-on course with some exciting new innovations!

This year, we continue to focus on the broad field of orthopedic and trauma surgery for the shoulder joint, but with a fresh perspective. We're pushing the boundaries with cutting-edge techniques and technologies that will elevate your surgical skills.

Day 1 will cover advanced arthroscopic procedures, including the treatment of instabilities, rotator cuff repairs, and brachial plexus preparations. You'll gain invaluable insights into the latest arthroscopic techniques and their real-world applications.

Day 2 shifts focus to the management of proximal humerus fractures, offering a deep dive into both osteosynthesis and arthroplasty. We will present state-of-the-art surgical approaches and techniques using fresh-frozen cadavers in our modern Skills Lab.

This course has a clear hands-on focus and will be complemented by small group discussions, allowing you to engage directly with our international faculty. The maximum number of participants is limited to ensure an interactive and personalized learning experience.

We look forward to welcoming you to Lucerne for a unique, practice-oriented educational event!

Roland Camenzind



Frank Beeres



# Agenda

Wednesday, 11. März 2026

## Arthroscopy

**08.00 – 08.30** Welcome & Registration

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**08.30 – 09.30** Introduction  
Indications and technical pearls  
10' Rotator cuff repair and biceps tenodesis  
10' Bankart repair  
10' Latarjet  
10' AC-joint stabilization  
10' Arthroscopic plexus release

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**09.30 – 09.45** Coffee Break

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**09.45 – 13.00** Lab Session 1

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- Rotator cuff repair and biceps tenodesis
  - AC-joint stabilization
  - Bankart repair
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**13.00 – 14.00** Lunch Break

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**14.00 – 17.00** Lab Session 2 & Break Out Session

Participants are divided into 2 groups

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14.00 – 15.20 Group 1 → Wetlab

- Preparation N. suprascapularis
- Arthroscopic and open Latarjet

Group 2 → Auditorium

- Break Out Session & Case Discussion

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15.20 – 15.40 Coffee Break & Change Rooms Wetlab/Auditorium

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15.40 – 17.00 Group 2 → Wetlab

- Preparation N. suprascapularis
- Arthroscopic and open Latarjet

Group 1 → Auditorium

- Break Out Session & Case Discussion

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**18.30** Course Dinner

# Agenda

Thursday, 12. März 2026

Arthroplasty & Trauma

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**08.00 – 09.00** Indications and technical pearls  
10' Anatomic total shoulder arthroplasty  
10' Reverse total shoulder arthroplasty  
10' Nail & Plate  
10' MIPO  
10' Fracture reverse total shoulder

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**09.00 – 09.15** Coffee Break & Change Rooms Wetlab/Auditorium

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**09.15 – 12.30** **Lab Session 3 & Break Out Session**  
Participants are divided into 2 groups

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09.15 – 10.45 Group 1 → Wetlab  
• TSA/RTSA

Group 2 → Auditorium  
• Break Out Session & Case Discussion

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10.45 – 11.00 Coffee Break & Change Rooms Wetlab/Auditorium

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11.00 – 12.30 Group 2 → Wetlab  
• TSA/RTSA

Group 1 → Auditorium  
• Break Out Session & Case Discussion

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**12.30 – 13.30** Lunch Break

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**13.30 – 17.00** **Lab Session 4**

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- Proximal humerus fracture (ORIF, Plate, Nail)
  - *Fracture Challenge*
  - RTSA fracture
  - *RTSA Challenge*
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# Terms & Conditions

## Course Language

English

## Registration

[www.luks.ch/LSC/Mar26](http://www.luks.ch/LSC/Mar26)

## Information

Sandra Carulli & Fabienne Schmid

[skillslab@luks.ch](mailto:skillslab@luks.ch)

+41 41 205 62 40

## Accommodation Recommendation

Hotel zum Anker

Hotel Waldstätterhof

Hotel Radisson Blu

Hotel Continental

## Granted Patronage & Credits

Swiss Orthopaedics: 16 credits

SGC: 14 credits

Patronage: AGA, DVSE & SECEC



## Course Fee

CHF 1'800.00 (excl. VAT)

## Bank Details

Please wire the course fee to the following bank account:

Bank: Luzerner Kantonalbank AG

In favor of: LUKS Spitalbetriebe AG,

Spitalstrasse, 6000 Luzern 16

IBAN: CH44 0077 8158 8310 1200 8

BIC/Swift: LUKBCH2260A

Additional Info: 259273 → must be included with payment

**In order to avoid any subsequent payments, please ensure that the full course fee is transferred, and that any bank charges or currency conversion fees are covered by the participant.**

An invoice can be issued upon request.

The course fee includes:

Coffee breaks & lunches for the duration of the course, course dinner & fresh frozen specimens.

The number of participants is limited to a maximum of 16 with an allocation of a first pay, first served basis.

Guaranteed participation will only be confirmed after receipt of course fee.

# Venue

Luzerner Kantonsspital  
Skills Lab, Haus 10  
Spitalstrasse  
6000 Luzern 16



# Industry Partners

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